

Your local Independent  
Reliv Distributor is:



[reliv.com/slimplicity](http://reliv.com/slimplicity)

For more information or to order:  
800 RELIV US (735.4887)  
[reliv.com](http://reliv.com)



<b>Nutrition Facts</b>	
Serving Size: 1 Scoop (27g) Servings per Container: 15	
<b>Amount per serving</b>	
<b>Calories 90</b> Calories from Fat 15	
% Daily Value *	
<b>Total Fat</b> 1.5g	2%
Saturated Fat 0.2g	1%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0g	0%
<b>Sodium</b> 190mg	8%
<b>Potassium</b> 300mg	9%
<b>Total Carbohydrate</b> 11g	4%
Dietary Fiber 2g	8%
Sugars 5g	
<b>Protein</b> 10g	20%
Vitamin A 50%	Vitamin C 50%
Calcium 50%	Iron 50%
Vitamin D 50%	Vitamin E 50%
Vitamin K 50%	Thiamin 50%
Riboflavin 50%	Niacin 50%
Vitamin B6 50%	Folate 50%
Vitamin B12 50%	Biotin 50%
Pantothenic Acid 50%	Phosphorus 30%
Iodine 50%	Magnesium 35%
Zinc 50%	Selenium 70%
Copper 50%	Manganese 25%
Chromium 40%	Molybdenum 65%

\* Percent Daily Values (DVs) are based on a 2000 calorie diet.  
Your Daily Values may vary higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 Carbohydrates 4 Protein 4

**Ingredients:** Non-GMO Soy Blend with LunaRich® Soy Powder, Fructose, Maltodextrin, Calcium Carbonate, Dimagnesium Phosphate, Natural & Artificial Flavors (milk), Tonalin® (Conjugated Linoleic Acid (CLA)), Inulin, Non-GMO Soy Lecithin, Super Citrimax® HCA (Hydroxycitric Acid), Sodium Chloride, Guar Gum, Advantra Z® (Citrus Aurantium), Xanthan Gum, Rebiana (Natural Sweetener), Enzyme Blend, Ascorbic Acid, OptiZinc® Brand of Zinc Monomethionine, L-Carnitine, Ferrous Fumarate, Alpha Tocopheryl Acetate, LunaRich X™ (Bioactive Lunasin Peptide™), Biotin, Beta Carotene, Vitamin A Palmitate, Niacinamide, PABA (Para-aminobenzoic Acid), Calcium Pantothenate, Copper Gluconate, Vitamin K, Vitamin D3, Pyridoxine HCl, Manganese Sulfate, Riboflavin, Sodium Selenite, Thiamin HCl, Potassium Iodide, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Vitamin B12, Folic Acid and Sodium Molybdate.



# the weight is over.

## Drop pounds the safe and healthy way

Slimplicity shakes are satisfying, delicious and chock-full of the powerful ingredients you need to boost metabolism and charge through your day. A Slimplicity shake also contains the right balance of vitamins, minerals and protein to keep your body running in optimal condition.

In fact, a study in the *Journal of Nutrition* found that meal replacement shakes are equally effective for losing weight compared with conventional, structured weight-loss diets.

So the choice is simple. Combined with a more active lifestyle and smarter eating habits, Slimplicity gives you the incredible advantage you've been looking for to win the weight war. Taste victory!



Slimplicity® offers far higher levels of key nutrients than popular weight loss products.

See detailed comparison under "Us vs. Them" at [slimplicity.com](http://slimplicity.com).

## Break for a Shake

The clock says noon and your tummy is rumbling. Hungry and time-crunched, it's tempting to dash out to the closest drive-thru for the deadly duo — a burger and fries.

But lunchtime doesn't have to be a drive-by assault on your waistline. Lunch is an ideal time to have your Slimplicity shake since it provides you with something fast, nutritious and filling. You'll look forward to drinking one each day. Especially as you see the results in the mirror. That's the beauty of Slimplicity.

## What's at work?

Take a closer look at a few of the powerful ingredients:

**10 grams of protein** (from whole soybean powder) — keeps you feeling full so you're not hungry an hour after lunch.

**Advantra Z®** — supports fat burning with exercise and increases your metabolism without affecting blood pressure or heart rate. So you're ramping up fat loss jitter-free.

**Tonalin® conjugated linolic acid (CLA)** — speeds fat metabolism and studies show it can help you maintain weight loss once you reach your goal.

Plus: **Inulin (FOS), L-carnitine, ChromeMate®, CitriMax®, OptiZinc®,** and **essential vitamins and minerals.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

