

Your local Independent  
Reliv Distributor is:



reliv.com/now

For more information or to order:  
800 RELIV US (735.4887)

reliv.com



## Supplement Facts

Serving Size: 1 Scoop (18.3 g)		Servings Per Container 30	
Per Serving			
	Amount	% Daily Value	
Calories	45		
Calories from Fat	9		
Total Fat	1.0 g	2%†	
Total Carbohydrate	3 g	1%†	
Dietary Fiber	1 g	8%†	
Sugars	1 g	*	
Protein	7 g	14%†	
Vitamin A	2500 IU	50%	
Vitamin C	480 mg	800%	
Vitamin D	400 IU	100%	
Vitamin E	60 IU	200%	
Thiamin (vitamin B-1)	3 mg	200%	
Riboflavin (vitamin B-2)	4 mg	250%	
Niacin	20 mg	100%	
Vitamin B-6	4 mg	200%	
Folic Acid	400 mcg	100%	
Vitamin B-12	18 mcg	300%	
Biotin	300 mcg	100%	
Pantothenic Acid	20 mg	200%	
Calcium	1000 mg	100%	
Iron	10 mg	50%	
Phosphorus	500 mg	50%	
Iodine	150 mcg	100%	
Magnesium	200 mg	50%	
Zinc	16 mg	110%	
Selenium	50 mcg	70%	
Copper	2 mg	100%	
Manganese	2 mg	100%	
Chromium	50 mcg	40%	
Molybdenum	75 mcg	100%	
Sodium	50 mg	2%	
Potassium	250 mg	7%	
<b>Now Proprietary Blend</b>	<b>190 mg</b>	*	
L-Methionine			
Kelp (Ascophyllum nodosum)			
Rutin (Ruta graveolens)			
Licorice Root (Glycyrrhiza glabra)			
Rhubarb Root (Rheum officinale)			
Cayenne (Capsicum annuum)			
Rose Hips (Rosa canina)			
Butternut Bark (Juglans cinera)			
Irish Moss (Chondrus crispus)			
Garlic (Allium sativum)			
Bromelain (from pineapple stem-Ananas comosus)			
Papain (Carica papaya)			
n-zimes® and Isolase®			
Pycnogenol®			

†Percent Daily Values are based on a 2,000 calorie diet. \*Daily value not established.

**Other Ingredients:** Non-GMO Soy Blend with LunaRich® Soy Powder, Dicalcium Phosphate, Magnesium Phosphate, Calcium Carbonate, Fructose, Ascorbic Acid, Brewer's Yeast, Inulin, Non-GMO Soy Lecithin, Natural & Artificial Flavor, d-Alpha Tocopheryl Acetate, Potassium Chloride, OptiZinc® Brand of Zinc Monomethionine, Biotin, Molybdenum Yeast, LunaRich X™ (Bioactive Lunasin Peptide), Calcium Pantothenate, Ferrous Fumarate, Niacinamide, Copper Gluconate, Vitamin A Palmitate, Selenomethionine, Rebiana (natural sweetener), Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Vitamin D3, Thiamin Hydrochloride, Vitamin B12, Potassium Iodine, Folic Acid, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.



glutenfree



Reliv Now is vegetarian, certified Kosher and Halal, ideal for those with lactose intolerance, and contains no animal compounds, artificial preservatives, artificial sweeteners or trans fat.

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with  
luna  
rich®

# now®

your time is now

feel your best through cutting-edge nutrition



VS



liquid shakes providing optimal absorption of the nutrients they contain



7 grams of healthy soy protein per serving; over 5x more beneficial lunasin than typical soy powder



as much as 800% higher levels of key nutrients



pills that must be broken down before they can be absorbed by the body

no protein; no lunasin

only the minimum daily recommended intake for most nutrients

## Get More

Reliv Now goes beyond a standard multivitamin pill, giving you more of **everything** your body needs.

**Vitamins & Minerals:** contains more vitamins and minerals than leading multi-vitamin pills, in an easily absorbable liquid form. You get double the amount of vitamins B and E, and as much as eight times the vitamin C. In addition, Reliv Now delivers higher levels of essential minerals such as copper, zinc and calcium.

**Antioxidants:** provides many antioxidants not found in popular vitamin brands, including patented Pycnogenol® — one of the most cutting-edge ingredients available today. More than 170 studies have demonstrated Pycnogenol's ability to fight free radical damage, improve blood circulation and lower blood glucose, among other benefits.

**Protein:** packs a powerful protein punch. Doctors recommend 50 grams of protein daily, but most multivitamins contain none. Reliv Now gives you 7 grams per serving of the highest-quality, healthy soy protein available.

If you're looking for cutting-edge nutrition, it's time for Reliv Now.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

# feel your best through cutting-edge nutrition

You try to eat right, exercise regularly and maybe even take a multivitamin. Right now, you might feel pretty good. But why settle for pretty good when you can feel great? Reliv Now® is the answer.

Discovering your best health shouldn't require mixing and matching bottles of vitamins. Reliv Now is nutrition made simple. It's part of something we call the Reliv Difference:

**Bioavailability.** Dissolving nutrients in a liquid shake enables quick, optimal absorption.

**Synergism.** The ideal combination of ingredients in a science-based formula brings out the full potential in all nutrients.

**Optimal Nutrition.** Optimizing key nutrient levels beyond minimum daily requirements leads to greater health benefits and an improved quality of life.

**Guaranteed Quality Ingredients.** A company-owned manufacturing facility, the industry's top suppliers and rigorous testing mean what's on the label is in the can — guaranteed.

## LunaRich®: Super Soy

**LunaRich is the most advanced soy powder on the market today — and it's only available from Reliv.**

Research shows a naturally occurring soy peptide called lunasin is responsible for many of soy's remarkable health benefits. Reliv's exclusive LunaRich soy powder contains **five to ten times the bioactive lunasin** of ordinary soy powders.

LunaRich can improve your heart health by aiding cholesterol management. Cholesterol comes from two sources: dietary intake and our body's own production in the liver. Over 80% of cholesterol comes from the liver, so the most effective way to lower LDL (bad) cholesterol is to control the liver's internal production. LunaRich does so in two ways:

- 1 disrupts the production of cholesterol in the liver
- 2 improves the liver's ability to clear LDL cholesterol from the bloodstream