

Your local Independent
Reliv Distributor is:



reliv.com/fibrestore

For more information or to order:
800 RELIV US (735.4887)
reliv.com



Supplement Facts

Serving Size: 1 Scoop (14 g) Servings Per Container 30

	per serving	
	Amount	% Daily Value
Calories	10	
Calories from Fat	3	
Total Fat	0.5 g	
Total Carbohydrate	11 g	4%†
Dietary Fiber	10 g	40%†
Protein	1 g	2%
Vitamin A (100% as mixed carotenoids)	3500 IU	70%
Vitamin C	300 mg	500%
Vitamin E	200 IU	660%
Iron	0.12 mg	1%
Sodium	10 mg	1%
FibRestore Proprietary Blend	154 mg	*
Oriental Ginseng (Panax ginseng)	Alfalfa Herb (Medicago sativa)	
Garlic (Allium sativum)	Pearl Barley (Hordeum vulgare)	
Capsicum Fruit (Capsicum frutescens)	Cayenne (Capsicum annuum)	
Licorice Root (Glycyrrhiza glabra)	Ginger Root (Zingiber officinale)	
Kelp (Ascophyllum nodosum)	Celery Seed (Apium graveolens)	
Rhubarb Root (Rheum officinale)	Sarsaparilla Root (Hemidesmus indicus)	
Hibiscus Flower (Hibiscus sabdariffa)	Passion Flower (Passiflora incarnata)	
Irish Moss (Chondrus crispus)	Foenugreek Seed (Trigonella foenum graecum)	
Siberian Ginseng (Eleutherococcus senticosus)	Papain (Carica papaya)	
Aloe Vera (Aloe barbadensis)	Bromelain (from pineapple stem - Ananas comosus)	
Chicory Root (Cichorium intybus)		
Dandelion Root (Taraxacum officinale)		
Chamomile Flower (Matricaria nobilis)		

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily value not established.

Other ingredients: Corn Bran, Gum Arabic, Non-GMO Soy Fiber, Oat Fiber, Apple Fiber, Pea Fiber, Ascorbic Acid, Inulin, Natural Vitamin E, Natural & Artificial Flavor, Non-GMO Soy Lecithin, Orange Fiber, Betatene, Carrageenens, Guar Gum, Xanthan Gum, Citric Acid and Rebiana (natural sweetener).



FibRestore is vegetarian, certified Kosher and Halal,
ideal for those with lactose intolerance, and contains no
animal compounds, artificial preservatives or trans fat.

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fibrestore®

fiber — and so much more!

balance, restore, revitalize

The Fiber Fix

Fiber is one amazing multi-tasker. Whether your goal is weight loss, improved digestion or heart health, fiber does it all. Despite common knowledge of fiber's many benefits, 95% of Americans don't get the American Dietetic Association's recommended 21-35 grams per day.

Fortunately, patented FibRestore provides 10 grams of soluble and insoluble fiber per serving. It's a simple solution for better health.

No Ordinary Fiber

Did you know there are actually two types of fiber, each with different benefits? Your body needs both soluble and insoluble fiber. Unfortunately, most fiber supplements only provide soluble fiber to act as a "bulking agent" in the gut. The insoluble fiber in FibRestore provides added benefits you can't get from a typical fiber powder. With FibRestore, you can balance, restore and revitalize.

Soluble fiber:

- leads to less artery build-up by binding to cholesterol and inhibiting cholesterol production.
- helps control blood glucose by slowing carbohydrate digestion, which can help manage weight.

Insoluble fiber:

- reduces constipation, diverticulosis, and risk of colon cancer and other intestinal diseases by helping speed transit through the colon.
- promotes growth of probiotics, helpful bacteria that keep harmful bacteria in check, aid in digestion and keep you healthy.
- enhances weight loss by improving satiety.



balance, restore,
revitalize



antioxidants enzymes herbs

With an exclusive blend of antioxidants, enzymes and herbs, FibRestore is much more than a fiber powder.

Beyond Digestion

Feeling great is about more than just proper digestion. That's why patented FibRestore has an exclusive blend of antioxidants, enzymes and herbs for overall well-being.

Antioxidants. Beta carotene, vitamin C and vitamin E are potent antioxidants that neutralize cell-damaging molecules known as free radicals.

Enzymes. Papain and bromelain are two key enzymes that reduce inflammation, promote proper digestion, relieve bloating and indigestion, and help the body function more efficiently.

Herbs. Ginseng, garlic and chamomile are just three of 21 herbs in FibRestore's special proprietary blend. The bioflavonoids in herbs have been shown to protect and revitalize, promoting overall wellness.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

